



Drill Name: Eric Landon Diagram- 4 Reading Thru Balls

Set up :

The grid size is 44X36, two penalty areas. Multiple goals, all field players can be used as well.

Instructions:

The green players "A" and "B" alternate serving to the green player "C" making sure to vary the services forcing the goalkeeper to make different decisions. The ball can be played to feet, played as a thru ball or chipped into a 50/50 situation. In this diagram, "B" has served to feet creating a shooting opportunity inside the penalty area. Alternate the green and red players and switch the goalkeepers after each chance at goal in order to keep them fresh.

Coaching Points:

Focus on the starting position of the goalkeeper, decision making, clear and precise communication; "keeper" or "away", timing, and bravery.